

ALISA JOY LAND, MD

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PROFESSIONAL EXPERIENCE

PRIVATE PRACTICE - 1/2009-present LA, CA, USA

- Providing psychiatric care to adult population in urban private practice. Modalities include psychopharmacology and psychotherapy for individuals, couples and families. Treatment specialties include work with survivors of complex trauma, grief and bereavement, and reproductive psychiatry – work with women whose mental health is affected by premenstrual dysphoria, pregnancy, breastfeeding, fertility treatment, and menopause.

BRIDGES TO RECOVERY - 1/2009-2013 Pacific Palisades, CA, USA

- Primary consulting psychiatrist for residential treatment center serving adult populations with mood, anxiety, addiction and other disorders through an intensive program including medication management and other therapy modalities- individual, DBT, somatic, art, music, nutrition, yoga.

UCLA SEMEL INSTITUTE of NEUROSCIENCE & HUMAN BEHAVIOR LA, CA, USA

Psychiatry Resident 7/2004 – 6/2008

- Provided psychiatric and medical services to a diverse population in a major urban medical center.
- Awarded APA/Shire Child and Adolescent Psychiatry Fellowship for 2006-2007.
- Organized & chaired workshop for 2007 APA Conference entitled “The Trauma of War: Understanding Interventions in a Developmental Context.” (5/2007).
- Contributed to symposium: Layne, C.M.; Olsen, J.; Land, A.; Poppleton, L.; Legerski, J.P.; Isakson, B.; Djapo, N.; Saltzman, W.R.; Burlingame, G.M., Pynoos, R.S. (2/2008). Internecine conflict and recovery of war-traumatized adolescents in Bosnia-Herzegovina. In C. Maida (Chair), Global ecologies of danger: Living through extreme times. Symposium presented at the Annual Meeting of the American Academy for the Advancement of Science, Boston, MA.
- Published work: Lack of Mania Prophylaxis Associated with Lamotrigine Monotherapy in Manic-Predominant Bipolar I Disorder, *Journal of Clinical Psychiatry* 2007. June 68 (6): 973-4.

CORNERSTONE SFV MENTAL HEALTH CLINIC Van Nuys, CA, USA

Psychiatry consultant 2/2007-8/2008

- Provided psychiatric care in clinic and the community to chronically severely mentally ill adults as part of program funded by California Prop 63. Member of multi-disciplinary full service care team.

INTERNATIONAL HEALTH CENTRAL AMERICAN INSTITUTE 5-6/2004 COSTA RICA

- Provided medical primary care and psychiatric supportive services to rural and urban populations.

BOSTON CHILDREN’S HOSPITAL Boston, MA, USA

Clinical Social Worker – Emergency Department 9/2000 – 5/2001

- Provided social work services to children and their families including services regarding grief & bereavement, rape, domestic violence, homelessness, injury prevention, investigation of possible child abuse & neglect, and protective interventions with hospital’s interdisciplinary child protection team.

INTERNATIONAL RESCUE COMMITTEE (IRC) Freetown, Kenema, Bo, SIERRA LEONE

Internally Displaced Persons Psychosocial Program Manager 1- 5/2000

- Managed primary education & psychosocial program for 10,000 displaced children and adolescents in six internally displaced camps; supervised twelve local staff camp directors and 400 volunteers.
- Developed training manual and trained staff on social work with war-affected children on child development, reactions to war trauma, grief & bereavement, family and community supports, expressive therapies, group work techniques, protection issues, educational techniques, family tracing and reunification, sexual and gender-based violence and appropriate interventions.

JEWISH BOARD OF CHILDREN & FAMILY SERVICES**Brooklyn, NY, USA***Psychotherapist (social work intern)*

9/1997 – 5/1998

- Provided therapy and case management for families, individuals, and groups in a preventive service program focused on high-risk urban adolescents. Treatment issues included mood disorders, substance abuse, bereavement, abuse and trauma, behavioral problems, and marital/family therapy.
- Trained in family & expressive therapies (drama, art, dance), substance & sexual abuse treatment.

ST. LUKE'S/ROOSEVELT HOSPITAL, Child/Adolescent Outpatient Psychiatry Harlem, NY, USA*Psychotherapist (social work intern)*

9/1996 – 5/1997

- Provided individual, family, group therapies, case management for children and their families.
- Coordinated home-based services for families whose children were at risk of psychiatric placement as part of statewide home and community-based service program. Evaluated new walk-in cases.
- Participated in clinic crisis team to provide acute outpatient services to children and families.
- Trained in family therapy, group work methods, and psychopathology.
- Participated in research project on the effectiveness of training groups for parents of ADHD children.

INTERNATIONAL RESCUE COMMITTEE**Kibungo, Byumba, Gitarama, RWANDA***Women in Transition Training Program Coordinator*

3/1996 – 8/1996

- Developed a training program with IRC team targeting rural women's associations in collaboration with a credit assistance program of the Rwandan Ministry of Family & Women and USAID.
- Jointly trained 370 women association representatives and regional ministry officials.
- Organized seminar for ministry to present program and evaluate future training needs of rural populations and ministry staff.
- Hired, trained, and supervised ten national staff members. Managed admin and program budgets.

UNICEF TANZANIA**Ngara & Karagwe refugee camps, TANZANIA***Program Consultant – Children in Especially Difficult Circumstances*

12/1995

- Assessed vulnerable children in Burundi and Rwandan refugee camps in Kagera. Made recommendations for UNICEF support in tracing/reunification of unaccompanied children, psychosocial assistance, vocational training, income-generation, advocacy, community mobilization.

UNICEF RWANDA EMERGENCY OPERATION**Kigali, RWANDA***Program Consultant – Children in Especially Difficult Circumstances*

11/1994 – 11/1995

- Assisted in program implementation and field support for offices in Goma, Bukavu, Ngara, & Rwanda in collaboration with partner governmental ministries and non-governmental organizations (NGOs) on projects including: (1) tracing & reunification of unaccompanied children;(2) support for vulnerable families; (3) assistance to children & women in prison; (4) demobilization of child soldiers.
- Assisted the Ministry of Labor & Social Affairs of Rwanda to develop and implement a national monitoring system on vulnerable children for government, UN, NGOs and donors.
- Trained central government counterpart and regional representatives to collect and utilize information to support advocacy, policy, program development for target groups of children.
- Jointly designed and organized the first post-war *National Seminar on Information, Monitoring, and Social Mobilization for Vulnerable Children* with the Ministry for 130 representatives of social ministries, national and international NGOs, and children center directors. Participants developed recommendations on protection and care issues, resource allocation, and community participation to support children, and designed regional plans for follow-up of fostered and reunified children.

*Program Consultant – Health Program*9/1994-11/1994 **Kigali, RWANDA**

- Assisted Ministry of Health of Rwanda to implement a national disease reporting system and analyze a national assessment of health facilities. Worked with the World Health Organization and Ministry to use data collected to compile bi-monthly national morbidity/mortality reports.
- Liaised with regional medical directors & health NGOs to assess health activities and needs countrywide. Mobilized vaccines, cold chain equipment to address epidemics (meningitis, measles).
- Facilitated *First National Health Needs Assessment Workshop of Rwanda, 9/94*.

ACTION INTERNATIONALE CONTRE LA FAIM

Southwest RWANDA

Consultant – Assessment Team

8/1994

- Assessed health, water, and sanitation, educational needs with assistance of government and community representatives. Developed USAID-funded USD 0.5 million health and water project.

INTERNATIONAL RESCUE COMMITTEE

Tbilisi, REPUBLIC OF GEORGIA

Program Officer and Administrator

10/1993 – 7/1994

- In charge of report writing and administration during establishment of IRC/Georgia. USD 4.8 million UNHCR/USAID-funded program included training health workers, sanitation/vector control, shelter rehabilitation, income generation for internally displaced persons (IDPs).
- Conducted IDP health assessments for *Joint PVO/UNICEF/Government Assessment of Displaced People: Tbilisi, Georgia (1-2/1994)*. Secretary of Medical Sub-Committee of Georgia for humanitarian agencies.
- Assisted in set-up, operation of Tbilisi office including hiring, training, managing 10 local staff. Procured 100 tons (USD 100,000 worth) of humanitarian supplies from Turkey; experienced in warehousing, distribution, and transport. Developed systems for contracts, purchasing, communications, and security. Acted as financial manager in 12/93.

PARLIAMENT OF GEORGIA

Tbilisi, REPUBLIC OF GEORGIA

Intern – Constitutional Committee

3-6/1993

- Assisted in draft preparation of English translation of the revised Georgia constitution. Participated in sessions about government decentralization, racial integration and multiparty systems.

TBILISI STATE UNIVERSITY

Tbilisi, REPUBLIC OF GEORGIA

Lecturer, International Relations Department

9/1992 – 6/1993

- Assisted faculty to develop curriculum, taught courses. Researched Georgian national movement.

EDUCATION**HARVARD MEDICAL SCHOOL –2000-2004**

Boston, MA, USA

- M.D. degree 2004. Awards include Boston Schweitzer Fellow 2001-2002; Gerald Foster Scholarship 2001-04, Harvard Office of Educational Development grant in 2001 for refugee family project with MGH Chelsea Health Center. Dean's Community Service Award nominee - 2002.
- Published ten articles on experience of medical training in Harvard's *Focus* and *WebWeekly* journals.

COLUMBIA UNIVERSITY – 1996-98

NY, NY, USA

- Masters in clinical social work with high honors. Specialized in work with children & families.

CAMBRIDGE UNIVERSITY – 1991-92

Cambridge, ENGLAND

- Masters in international relations focused on European and Soviet studies. Dissertation on Ukrainian national movement (1960-91) leading to independence. Cambridge Overseas Research Award 1992.

HARVARD UNIVERSITY – 1987-91

Cambridge, MA, USA

- B.A. *magna cum laude* in English and American literature and language. Selected National Merit Scholar 1987-91, John Harvard Scholar 1988-89, Elizabeth Cary Agassiz Scholar 1987-91, Harvard College Scholar 1987-91, Zonta, Rotary, Elks, and Cabrillo Civic Club Scholarships 1987. L.A. County Community Service Award 1987.

RELATED CONSULTANCY WORK**INTERNATIONAL RESCUE COMMITTEE – 1/1997**

NY, NY, USA

- Developed a successful USD 0.2 million proposal for the creation of a technical support unit on children affected by armed conflict in IRC-NY to support improved practice and policy in emergency humanitarian efforts for children and adolescents.

LANGUAGES - English (native), French (proficient spoken/reading), Spanish (basic spoken).

INTERESTS - Brown belt in Tae Kwon Do & Hapkido martial arts. Latin and ballroom dancing. Sprint triathlons. Hiking in Caucasus, Alps, Sierra Nevada, Appalachian, and Virunga mountains. Creative writing. Sustainable living including backyard chicken flock, vegetable gardening and fruit orchard. Participated in gospel choir, 2005-2010.